KIRTLAND ELEMENTARY 9140 CHILLICOTHE RD. KIRTLAND, OH 44094 (440) 256-3344 CHAD VANARNHEM, PRINCIPAL LINN BOWEN, GUIDANCE COUNSELOR TERRY WARDER. SECRETARY

News from the Nest

The KES Newsletter

Our Goal is to Maximize Student Achievement Through Personalized Learning



OCTOBER II, 2018

A Few Points from the Principal

Im**portant Times**

Arrival 8:25am School opens 8:30am Tardy bell 8:40am Pre-school starts 8:45am Pre-school ends 11:15 am Dismissal 3:20 pm

<u>Lunch</u>

Lunches will be \$3.15 Milk can be purchased separately for \$.50

<u>Absent</u>

Please call our absence line (available 24-hours) at **440-256-3344 ext. 2000** by 8:30 am to inform the school of your child's absence. Request homework by 10 am to allow time to gather materials for the end of the day pick up.

Change with Dismissal

Please call the office before **2:00 pm** with any changes on how your child is going home after school.



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Follow KES on Twitter @KESHornets Facebook– Kirtland Elementary School

- Grade 3 Fall Reading AIR Assessments will take place in the morning of October 23 and 24.
- Mark your calendars for Tuesday, October 16, for a very informative presentation for parents called "Hidden in Plain Sight". See p. 3 for details.
- A huge thank you to Kirtland resident Dave Mancini for donating and setting up the seasonal decorations at the entrance of all three buildings!
- Infinite Campus– Under the assessment tab, you can view MAP scores from last year and state assessments taken in grades 3 and 4. If you have questions on either score, please ask your child's teacher at your upcoming parent-teacher conference.
- The Kirtland PTA, with the help of the League of Women voters will host our annual Candidates' Night, Wednesday, October 17, 2018 at 5 P.M. It will be held at Kirtland Elementary School in Hornet Hall. The participants this year will include; U.S. Congress, Ohio State Representative 61st District, County Commissioner 1/1/2019 Term, State Board of Education 7th District, Judge of Court of Appeals 11th District, Judge of Common Pleas Court 2019 Term. If you have any questions about the event, please email Linda Davidson at linda.davidson@live.com or call or text Linda at 440-479-2110.
- Volunteers are welcome and appreciated at KES. Please remember you must be fingerprinted to volunteer for school activities including field trips. If you have not been printed and want to, let you child's teacher know ASAP and he or she will get it set up. Fingerprinting validation is good for 5 years.
 - Every Friday is Spirit Day at KES. Students are encouraged to wear Hornet apparel and/or blue and gold. And in October, we are wearing Orange on Tuesdays to celebrate being Noble.
- If you shop at Heinen's, please go to <u>http://www.heinensrewards.com/secure/home.aspx</u> to register Kirtland Elementary for rewards. This must be done every school year. Please see p. 9 for other places to register and help KES.
- If you shop at Giant Eagle, please register for the Apples for Students Program at https://www.gianteagle.com/about-us/in-your-community/education.

Important Dates:	
October 12	NO SCHOOL for NEOEA Day
October 16	Hidden in Plain Sight Presentation at 6:00 pm in Hornet Hall
October 17	PTA Candidates Night at 5:00 pm in Hornet Hall
October 23	Picture retakes Grade 3 AIR test part 1 in AM
October 24	Grade 3 AIR test part 2 in AM
October 25	2nd Grade to Holden Arboretum
October 27	Make a Difference Day
October 29	Grade 3 Concert at 6:30 pm in Hornet Hall
October 31	Halloween Parade at 2:15 pm
November 2	-End of 1st Trimester
November 6	-Week of Book Fair
November 7 & 8	-Grade 4 to Cleveland Museum of Natural History
November 13	-PTA Meeting at 7:00 in Hornet Hall
November 15	-Conferences 4:00-7:00 by appointment
November 16	-NO SCHOOL for KES Students- Conferences by appointment
November 19	-Conferences 4:00-7:00 by appointment
November 21	-NO SCHOOL- Thanksgiving break begins (November 21-26)
November 26	-Board of Education meeting at 7:00 pm in KHS Cafeteria
November 27	-Classes resume





HIDDEN IN PLAIN SIGHT

An Awareness Program for Parents and Other Adults

TUESDAY, OCTOBER 16, 2018 HORNET HALL

6 p.m. - Doors open to walk through the exhibit

6:30 p.m. - Presentation

Child care will be provided.

The presentation is free and will cover topics including substance use, violence, eating disorders, juvenile crime, technology, risky games/challenges and more.

LOOKS CAN BE DECEIVING.

That's the message behind this unique traveling exhibit created by the Bath and Copley Township Police Departments. The exhibit features what appears to be at first glance the bedroom of the average teenager. But amidst the clutter of clothing school supplies and personal care products are more than 150 items that can be signals that a child is involved in risky, dangerous and even illegal activity.

The exhibit is for adults only.

Audience members are encouraged to "snoop and search" the display before the presentation by law enforcement and professionals who work with young people.



Over 150 items which may be indicative of dangerous risky behaviors are placed throughout the display made to resemble a teenager's bedroom.



News from the Clinic

We will start our routine screenings for vision and hearing in Sept. and Oct. for students in K and grade 1 (and new students to the district). We will do screenings in grades 3 and 5 in November. If they fail the routine test we have to recheck them within a few weeks. Parents are then sent a referral if they fail again.

As always, please feel free to contact us if you have a concern. We can check them anytime.

Your school nurses, Kim Crawford RN and Cindy DiCarlo RN x2006

News from the Kirtland Public Library

October 2018 Youth Programs at the Kirtland Public Library

1000 Books Before Kindergarten

Sign up for this initiative at the Children's Desk, then read to your child daily and the library will cheer you on! Studies show that the best way to encourage a love of reading in our young children is to read to them often. At 500 books your child may choose a book to keep, and at 1000 books your child will earn a t-shirt.

Tuesday Morning Storytimes

Storytime at 10:00 is for the whole family. Make new friends while you learn songs, rhymes, and games as we enjoy books together.

Lapsit at 10:45 is geared for families with children under the age of three. Enjoy bounces, tickle rhymes, a story, scarves, shakers, and a big finish of bubbles!

STEAM Party: Pumpkins

11:00 am on Friday, October 19, 2018. Visit five different stations (one for Science, Technology, Engineering, Art, and Math) as we explore pumpkins. Families with children up through age 5, please sign up for this program.

Candy Science

Sunday, October 28 at 1:00 pm. Science and experiments all about candy, for kids in grades K-5. You know you will be getting lots of candy at the end of the month, so come learn about it! Please register for this event.

Do Re Me and You Dance Party: A dance party for families with children up through age 5. 11am on Friday, October 26th in the Carousel Room. Spend a fantastic half hour dancing with your child! Please register.

Lego Club: For children up through 6th grade on Saturday, October 20th at 2:00. Create with the library's LEGO bricks, and afterward we might even display them in the library!

OCTOBER | 2018 Kirtland Elementary Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 PILLSBURY MINI PANCAKES WITH SAUSAGE LINKS AND POTATO TRIANGLE Sides Available: Carrol/Celery Sticks, Fresh and Assorted Fruit Choice of Milk	2 POPCORN CHICKEN BOWL WITH MASHED POTATOES AND ROLL Choice of Sides: Cucumber Siices, Fresh and Assorted Fruit Choice of Milk	UPER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS Choice of Sidea: Shredded Lettuce, Black Bean Salas Fresh and Assorted Fruit Choice of Milk	4 FOOTLONG HOT DOGS ON BUN Choice of Sides: Romaine Salad, Baked Beans, Crispy Polatoes, Fresh and Assorted Fruit Choice of Milk	5 DOMINO'S DAY
8 NEW BREAKFAST ITEM STATE FAIR FUNNEL CAKE WITH SAUSAGE LINKS, POTATO TRIAINGLES Choice of Sides: Carrot Sticks, Choice of Fruit Variety of Milk	9 MACARONI AND CHEESE Choice of Sides: Romaine Salad, Garden Peas, Freeh and Assorted Fruit Choice of Milk	HOPER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS Choice of Sides: Shredded Lettuce, Black Bean Salsa Fresh and Assorted Fruit Choice of Milk	10HICKEN FINGERS WITH CRISPY POTATOES AND SMALL MUFFIN Choice of Sides: Romaine Salad, Baked Beans, Fresh and Assorted Fruit Choice of Milk	12 NO SCHOOL NEOEA DAY
ALLSBURY MINI PANCAKES WITH SAUSAGE LINKS AND POTATO TRLANGLE Sides Available: Carrol/Celery Sicks, Fresh and Assorted Fruit Choice of Milk	16 TERIYAKI CHICKEN BOWL WITH SEASONED RICE Choice of Sides: Romaine Salad, Garden Peaa, Fresh and Assorted Fruit Choice of Milk	SUPER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS Choice of Sides: Romaine Salad, Black Bean Salsa Fresh and Assorted Fruit Choice of Milk	18HICKEN NUGGETS WITH CRISPY POTATOES AND ROLL Choice of Sides: Romaine Salad, Carrot Sticks, Fresh and Assorted Fruit Choice of Milk	19 Domino's day
2 ONEW BREAKFAST ITEM STATE FAIR FUNNEL CAKE WITH SAUSAGE LINKS, POTATO TRIANGLES Choice of Sides: Carrot Sticks, Choice of Fruit Variety of Milk	WITH MASHED POTATOES AND ROLL Choice of Sides: Romaine Salad, Golden Corn, Fresh and Assorted Fruit Choice of Milk	SOFER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS Choice of Sides: Romaine Salad, Black Bean Salea Fresh and Assorted Fruit Choice of Milk	250 TLONG HOT DOGS ON BUN Choice of Sides: Romaine Salad, Baked Beans, Crispy Potatoes, Fresh and Assorted Fruit Choice of Milk	26 Domino's day
POLSBURY MINI PANCAKES WITH SAUSAGE LINKS AND POTATO TRIANGLE Sides Available: Carrot/Celery Sticks, Fresh and Assorted Fruit Choice of Milk	30 TERIYAKI CHICKEN BOWL WITH SEASONED RICE Choice of Sides: Salad Bar, Garden Peas, Fresh and Assorted Fruit Choice of Milk	31 SUPER NACHO'S WITH BEEF, CHEESE, AND TORTILLA CHIPS Choice of Sides: Salad Bar, Black Bean Salsa Fresh and Assorted Fruit Choice of Milk		

ALTERNATE ENTRÉE'S

Students may select a different entrée instead of the listed entrée.

Additional options are:

- Crispy Chicken Sandwich
- Smucker's Uncrustable P,B, & J Sandwich Jumbo 5.5 oz
- Cheeseburger on Bun

Cheese Pizza

 Yogurt Meal Includes Cup of Yogurt, String Cheese, Choice of 2 Snack Packages of Crackers, Fruit and Choice of Milk

***NEW THIS YEAR**

Bistro Box Meals

Bistro One: Scoop of Hummus and String Cheese, Carrots Celery, Large Package of Tostito's, Fruit Cup and Choice of Milk

Bistro Two: Turkey Rounds, String Cheese, Carrots, Celery, Fruit Cup, Large Package of Snack Crackers and Choice of Milk

LUNCH W/ MILK \$3.15 MILK ONLY .50

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER

classroom Antics

AFTER-SCHOOL Engineering Cluba

Kirtland Elementary

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NUTS & BOLTS Mechanical Engineering



SOUNDS LIKE ENGINEERING Acoustic Engineering



WACKY WEATHER Meteorology Engineering

Join us after school for a new, fun,

educational experience learning

about the world of engineering. Each week, we apply math and science skills to build and discover through hands-on lessons and labs.

Space is limited, sign-up today!

Details of each module, including brief overview of activities, are available at classroomantics.com. \mathbb{A}

CRAZY CHEMICALS Chemical Engineering



PLANES, TRAINS, & AUTO ENGINEERS Transportation Engineering

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GOLD MEDAL ENGINEERS Sports Engineering

FALL SCHEDULE (K-5)

MONDAYS FROM 3:30-5:00 PM

PROGRAM	DATES	FEE
Nuts & Bolts	9/17, 9/24, 10/1, 10/8	\$90
Sounds Like Engineering	10/15, 10/22, 10/29, 11/5	\$90
Wacky Weather	11/12, 11/19, 12/3, 12/10	\$90

REGISTER AT CLASSROOMANTICS.COM

PROGRAM	INFORMATION	LOOK FOR THE LOGO
BOX TOPS FOR EDUCATION	 WEBSITE: <u>http://www.btfe.com</u> HOW YOU CAN HELP: Send completed Box Tops forms or bags of Box Tops into school. Remember to include your students name so they can receive credit. HOW IT BENEFITS KES: Kirtland Elementary School is a part of the national Box Tops for Education program. Each Box Top is worth \$0.10. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies. 	BOX TOR
APPLES FOR THE STUDENTS	 WEBSITE: <u>http://www.gianteagle.com/Save/Supporting-Our-Schools/Apples-for-the-Students/</u> KES SCHOOL ID: 2437 HOW YOU CAN HELP: Register your card online. HOW IT BENEFITS KES: Earning points is simple! With every scan of your registered Giant Eagle Advantage Card at the cash register, points are automatically credited to your selected school. Points can go towards educational equipment, including classroom technology, recreational and playground equipment, science materials, art supplies, music enrichment items, 	Apples for the Students
HEINENS	 nutrition programming and more. WEBSITE: heinens.com/schools HOW YOU CAN HELP: Register your card online. This is required annually. HOW IT BENEFITS KES: Kirtland will receive a check in April/May from Heinen's. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies. 	heinen's.
Primary Kids Inc	Www.primary.com/school/Kirtland Order Code: Kirtland	
SHOPAROO	 WEBSITE: <u>http://www.shoparoo.com/</u> HOW YOU CAN HELP: Download the app to your phone and snap pictures of receipts. Each receipt is worth points, and points are converted to cash at the end of the year. HOW IT BENEFITS KES: Kirtland will receive a check in August for the previous school year. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies. 	Shoparoo







October is National Depression Awareness Month

The month of October has been designated National Depression Awareness Month. Additionally, October 11th is National Depression Screening Day (held annually on the Thursday of the first full week in October). Project AWARE Ohio has developed an information brief entitled: *Depression in Adolescents*. Please refer to that information brief (which can be found at: <u>http://resources.oberlinkconsulting.com/</u>) for an introduction to depression in adolescents, an understanding of the risk and protective factors, and suggestions for how schools can help adolescents experiencing depression. Included both in the information brief and below is a listing of online resources for adults working with depressed youth.

Depression Awareness Resources

- Erika's Lighthouse A Beacon of Hope for Adolescent Depression: Erika's Lighthouse offers a variety of
 programs for classrooms and works to educate school communities on teen depression, eliminate the stigma
 associated with mental illness and empower teens to take charge of their mental health.
 http://www.erikaslighthouse.org/
- HelpGuide: This is a guide to inform and educate families and friends about how to provide useful help to a loved one suffering from depression. The HelpGuide goes over six firm rules to follow to achieve success when helping a loved one but, at the same time, staying emotionally stable. https://www.helpguide.org/articles/depression/helping-a-depressed-person.htm
- iFred (International Foundation for Research and Education on Depression): iFred's mission is to shine a
 positive light on depression and eliminate the stigma associated with the disease through prevention, research
 and education. Its goal is to ensure 100 percent of the 350 million people affected by depression seek and
 receive treatment. http://www.ifred.org/
- Anxiety and Depression Association of America (ADAA): ADAA is an international nonprofit organization dedicated to the prevention, treatment and cure of anxiety, depressive, obsessive-compulsive and traumarelated disorders through education, practice and research. There are links to resources specific to children and adolescents. <u>http://www.adaa.org/living-with-anxiety/ask-and-learn/resources</u>

The Project AWARE Ohio team includes partners in 3 county ESCs. If you are from those local areas and want more information about Project AWARE services, please contact:

Cuyahoga County ESC: Mary Wise; (216) 901-4201; mary.wise@esc-cc.org

Warren County ESC: Vycki Haught; (513) 379-2310; vycki.haught@warrencountyesc.com

Wood County ESC: Angela Patchen; (419) 354-9010 x228; apatchen@wcesc.org

For information about Project AWARE in other regions of the state, please contact:

Emily Jordan: emily.jordan@education.ohio.gov

Cricket Meehan: meehandc@miamioh.edu

Kathy Oberlin (Ohio Mental Health Network for School Success): oberlink2@gmail.com



Sign up now for Fall I and II Fall September 10 - October 20 | Fall October 29 - December 15



155 Bell Street, Chagrin Falls, OH 44022 | www.valleyartcenter.org | 440.247.7507

Here is the link to the VAC website for children's classes:

https://www.valleyartcenter.org/children.html



alp*ne valley



Kirtland Ski Club

AGES 8-18

Starting Date: Friday, January 11, 2019 6:00pm – 10:00pm

> Rent or Own \$223.00

WHAT YOU GET:

- Club Card good for every Friday 6:00pm-10:00pm
- Ski or Snowboard Rental
- (5) 1 hour lessons
- 4 Value Passes good anytime any day

HOW THE SKI CLUB WORKS

- > Ski Club starts Friday January 11th ends Friday February 8th
- After 5 weeks (Feb 8th) you can continue to use your Club Card independent from the ski club every Friday from 6pm – 10pm until closed for the season.
- Club Cards are non-transferrable

HOW VALUE PASSES WORK

- Value Passes are encoded into your Club Card
- Value Passes can be used up to 4 times
- And can be used anytime any day at Boston Mills, Brandywine and Alpine Valley
- > Value Passes are transferrable and can be used by friends or family

SIGN UP INSTRUCTIONS

 LOG IN TO:
 AlpineValleyOhio.com
 Click "Plan&Buy" and select "Ski Club"
 Click "ONLINE REGISTRATION"
 LOG IN: <u>kirtland</u>
 PASSWORD: wish4snow
 ADVISOR: <u>CAROLYN NAMCIU</u> <u>Carolyn.namciu@sbdinc.com</u>