

KIRTLAND ELEMENTARY
9140 CHILLICOTHE RD.
KIRTLAND, OH 44094
(440) 256-3344
CHAD VANARNHEM, PRINCIPAL
LINN BOWEN, GUIDANCE COUNSELOR
TERRY WARDER, SECRETARY

News from the Nest

The KES Newsletter

Our Goal is to Maximize Student Achievement



DECEMBER 19, 2019

Important Times

Arrival 8:25am
School opens 8:30am
Tardy bell 8:40am
Pre-school starts 8:45am
Pre-school ends 11:15 am
Dismissal 3:20 pm

Lunch

Lunches will remain \$3.15
Milk can be purchased
separately for \$.50

Absent

Please call our absence line
(available 24-hours) at
440-256-3344 ext. 2000 by
8:30 am to inform the
school of your child's
absence. Request home-
work by 10 am to allow
time to gather materials for
the end of the day pick up.

Change with Dismissal

Please call the office
before **2:00 pm** with any
changes on how your
child is going home after
school.

A Few Points from the Principal

- I want to give a huge shout-out to Misty Morris and Megan MacGillis for being our Just Run coaches this Fall. Thank you so much for your time and offering this healthy option to our students.
- I am proud to announce that our Gold Recognition Award for our PBIS program arrived this week. The award is for the extensive Positive Behavior Interventions and Supports system that is in place at KES. Congratulations to our students, staff, parents and community on receiving this honor in back to back school years!
- In January, we will celebrate all the HORNET letters with grades wearing different colors on **Tuesdays: -K wears Orange, 1st wears Yellow, 2nd wears Green 3rd wears Red, 4th wears Purple, PS/5th wears Blue.**
- Please see p. 8 for grade 3, 4 and 5 state AIR testing schedule for this Spring.
- The Kirtland Youth Basketball League (KYBL) registration has started: [Little Dribblers.pdf](#) See p. 6 for more details.
- All three buildings have been equipped with a flashing strobe light located outside the main entrances. These are to alert visitors NOT to enter the building because it is in lockdown. These are one of the new safety features that have been added in the district.
- Just a reminder, if your child is signed up to attend the after school ice skating program on Tuesdays, please call the office ahead of time and let us know if they will not be attending
- The goal is to have students go outside for recess if the weather permits. We will go outside if it is snowing, so please send your child with boots, hats, gloves and a warm coat. Many students bring snow pants as well. We will stay inside if it is too icy or if the wind chill factor is below 20 degrees Fahrenheit.
- We are looking for substitute bus drivers, nurses, custodians, teachers and aides. If interested, please use this link at <https://www.applitrack.com/kirtlandschools/onlineapp/default.aspx?all=1>.
- Our new STEAM room has a website. Check it out at <https://sites.google.com/view/steam-stew/home>. The website has information about the programs being used and includes a link for the STEAM Challenge of the Month. There are activities that students can do at home also.



Follow KES on
Twitter @KESHornets
Facebook- Kirtland
Elementary School

Important Dates:

December 23	Winter Break Begins
January 7	Classes resume for students Wear your HORNET colors by grade (see p. 1)
January 14	Student Council meeting at 3:30 pm PTA meeting at 7:00 pm in Hornet Hall Wear your HORNET colors by grade (see p. 1)
January 20	NO SCHOOL for MLK Day
January 21	Wear your HORNET colors by grade (see p. 1)
January 24	PTA Bingo Night in Hornet Hall at 5:30 pm
January 28	Wear your HORNET colors by grade (see p. 1)
January 30	Skating Party at United Skates of America at 6:00 pm
February 3	Student Council meeting at 3:30 pm
February 4	School Counselor Day – Honor Mrs. Bowen and her intern – Claudia McKinley
February 5	One School, One Book kickoff
February 8	Princess Prom
February 11	PTA Meeting at 7:00 pm in Hornet Hall
February 13	Heart Healthy Day at KES
February 14	NO SCHOOL FOR STUDENTS (Teacher professional development day)
February 17	NO SCHOOL for Presidents ' Day



SAVE THE DATES!
**CHECK OUT OUR EXCITING PTA
SPEAKER SERIES AND
PROGRAMS**

January 14- Judge Marisa L. Cornachio, Willoughby Municipal Court

"A View from the Bench"

Immediately following the 7pm PTA Meeting- KES Library

February 11- Magistrate Holly Welsh, Cuyahoga County Juvenile Court

and former Director of Prosecutions for the Ohio Internet Crimes

Against Children Task Force (ICAC)

"Protecting Your Children from Online Predators"

Immediately following the 7pm PTA Meeting- KES Hornet Hall

March 10- *"Family Fun Yoga"- Play and connect through yoga for all
ages and abilities*

Chris Keller from *Circle of Renewal Yoga and Wellness Studio*

Yoga will begin at 6:15 in KES Hornet Hall

PTA meeting at 7pm in KES Library

April 7- Dr. Amy Sullivan, Director of Behavioral Medicine at the
Mellen Center for MS Treatment and Research at the Cleveland Clinic

"The Superhero Phenomenon: Can We Do It All?"

Immediately following the 7pm PTA Meeting

Kirtland
PTA[®]
everychild.one voice.®



JANUARY | 2020

KIRTLAND ELEMENTARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6	7 POPCORN CHICKEN WITH POTATO TOTS OR ROUND CHEESE PIZZA Sides Available: Romaine Salad, Cucumbers, Carrot Sticks, Fresh Fruit, SIDEKICKS FROZEN FRUIT VARIETY OF MILK	8 MINI PANCAKES, SAUSAGE LINKS AND HASH BROWN POTATO TRIANGLES OR CHEESEBURGER ON WG BUN Sides Available: Carrot/Celery Sticks, 100% Fruit Juice, Fresh Apple VARIETY OF MILK	9 SUPER NACHOS WITH BAKED TOSTITOS OR ROUND CHEESE PIZZA Sides Available: Romaine Salad, Black Bean/Corn Salsa, Diced Pears, Applesauce, 100% Juice VARIETY OF MILK	10 DOMINO'S
BONUS 13 BOSCO CHEESY BREADSTICK W MARINARA SAUCE OR CRISPY CHICKEN SANDWICH Sides Available: SIDEKICKS FROZEN FRUIT, Dragon Juice, Applesauce VARIETY OF MILK SUGAR COOKIE	14 POPCORN CHICKEN WITH MAC AND CHEESE OR HAMBURGER ON WG BUN Sides Available: Romaine Salad, Cucumbers, Carrot Sticks, Fresh Fruit, SIDEKICKS FROZEN FRUIT VARIETY OF MILK	15 MINI CONFETTI PANCAKES, SAUSAGE LINKS AND HASH BROWN POTATO TRIANGLES OR RECTANGLE CHEESE PIZZA Sides Available: Carrot/Celery Sticks, 100% Fruit Juice, Fresh Apple VARIETY OF MILK	16 CHICKEN TERRIYAKI WITH RICE Sides Available: Romaine Salad, , Diced Pears, Applesauce, 100% Juice VARIETY OF MILK	17 DOMINO'S
20 NO SCHOOL	21 PASTA WITH MEATBALLS OR ROUND CHEESE PIZZA Sides Available: Dragon Juice, Carrots, Strawberry Cups VARIETY OF MILK	22 FRENCH TOAST STICKS, SAUSAGE LINKS AND HASH BROWN POTATO TRIANGLES OR RECTANGLE CHEESE PIZZA Sides Available: Romaine, Celery Sticks, Carrots, Fresh Fruit VARIETY OF MILK	23 CHICKEN NUGGETS WITH SOFT PRETZEL OR ROUND CHEESE PIZZA Sides Available: Romaine Salad, Black Bean/Corn Salsa, Diced Pears, Applesauce, 100% Juice VARIETY OF MILK	24 DOMINO'S
27 HOT DOG OR ROUND CHEESE PIZZA Sides Available: Dragon Juice, Carrot Sticks, Applesauce SIDEKICKS FROZEN FRUIT CUP VARIETY OF MILK	28 CHICKEN TENDERS WITH CHEESY POTATOES OR CRISPY CHICKEN SANDWICH Sides Available: Romaine Salad, Cucumbers, Carrot Sticks, Fresh Fruit, SIDEKICKS FROZEN FRUIT VARIETY OF MILK	29 EGGO CHOC CHIP FRENCH TOAST, SAUSAGE LINKS AND HASH BROWN POTATO TRIANGLES OR RECTANGLE CHEESE PIZZA Sides Available: Romaine, Celery Sticks, Carrots, Fresh Fruit VARIETY OF MILK	30 VARIETY OF MILK MINI CORN DOGS OR ROUND CHEESE PIZZA Sides Available: Romaine Salad, Baked Beans, Diced Pears, Applesauce, 100% Juice VARIETY OF MILK	31 DOMINO'S

News

Welcome Back and Happy New Year!!!

School lunch has a Variety of hot and cold Sandwiches, and variety of fruits and vegetables daily. Variety of milk offered daily

Yogurt lunches available daily.

Enjoy the January snow with a skiing, snowboarding, or a nice walk out in the snow. This is fun exercise, and good family time.

MENU SUBJECT TO CHANGE

USDA IS AN EQUAL OPPRTUNITY PROVIDER

KIRTLAND SCHOOLS WELLNESS CHALLENGE

JANUARY 2020

NAME _____
Staff or Student (circle one)

SCHOOL _____

“HEALTHY CHANGES CHALLENGE”

This month is one of new beginnings. January’s challenge is all about balance. Do you eat a balanced diet with including foods from all 5 food group – Vegetables, Fruit, Whole grains, Protein, and Dairy or Dairy substitutes? Do you need to exercise? It is recommended that everyone get at least 60 minutes of exercise a day. For each time you eat a meal that has at least 4 or the 5 food groups give yourself 1 point for each meal. Each day that you get 60 minutes of exercise in at least 10 minute spurts give yourself 1 point. Strive to get at least 4 points a day. Commit to the New Year as a new beginning. Make 2020 your best year yet!

“Every human being is the author of its own health or disease” - Sivanda

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
	TOTAL POINTS FOR THE MONTH					

THE DEADLINE FOR ENTRY OF THIS FORM TO THE CAFETERIA OR SCHOOL OFFICE IS FEBRUARY 6th!

2020 AIR State Testing Dates*

GRADE 3

- April 7th: ELA Part I, 8:45AM start
- April 15th: ELA Part II, 8:45AM start
- April 21st: Math Part I, 8:45AM start
- April 23rd: Math Part II, 8:45AM start

GRADE 4

- April 7th: ELA Part I, 8:45AM start
- April 15th: ELA Part II, 8:45AM start
- April 21st: Math Part I, 8:45AM start
- April 23rd: Math Part II, 8:45AM start

GRADE 5

- April 7th: ELA Part I, 8:45AM start
- April 15th: ELA Part II, 8:45AM start
- April 21st: Math Part I, 8:45AM start
- April 23rd: Math Part II, 8:45AM start
- April 28th: Science Part I, 8:45AM start
- April 29th: Science Part II, 8:45AM start

***These are the initial dates and are subject to change**

Registration: [Little Dribblers.pdf](#)

Kirtland Boy's Little Hornet Dribblers Club

Date: Wednesdays

Jan 8, 15, 22 and 29

Time: 6pm-7

***Meet in the KES Gym**

Grades: K,1, 2, 3 and 4

Bonus feature included:

At halftime of the JV game your son will show-off his skills and drills learned throughout the sessions. The Little Dribblers will perform with their coaches during this time. The game the Little Dribblers will perform in is...

Saturday, February 1st vs Euclid.

Cost is \$20 per player

Special rates for families: \$15 for second child

**December 2019 Youth Programming
Kirtland Public Library**

Blue = age birth-5 Green = Grades K-5th Red = Grades 6th-12th Black = Everybody



Movie Night LEGO Club on Saturday, December 28th, at 2:00pm

Get creative with the library's LEGO bricks, and afterwards we will put your masterpiece on display! For children up through 6th grade. No registration required.



Noon Day's Eve Party on Tuesday, December 31st, at 11:30am

Celebrate the New Year early at the library. Come play games, create a craft and enjoy refreshments as we count down to 12:00 noon. For families of all ages. Please call the Library at (440) 256-7323 to register.



YOGA & WELLNESS STUDIO



Located directly across the street from the schools, Circle of Renewal Yoga & Wellness Studio has just opened in Kirtland and we're excited to offer yoga and empowerment programs for families, children and teens.

9181 Chillicothe Rd.
Kirtland, OH 44094
circleofrenewal.com
info@
circleofrenewal.com
216.777.0677

Late Start Flow Yoga - All Ages Thursdays at 7:30 a.m.

This class is fun and flowing. We move, stretch and breathe. We use music to inspire and a simple and easy meditation to calm. This class is an engaging approach to gain strength, flexibility, coordination and focus. It's a great way to start your day! This class is for all levels and all ages, and a **great option for KMS and KHS students.**

All-Ages Vinyasa Yoga Mondays and Wednesdays at 4 p.m.

This class focuses on flowing yoga postures. We move, stretch and breathe, and use music to inspire. Its an engaging approach to gain strength, flexibility, coordination and focus. This class is for all levels and all ages, and a **great option for K-4 students to attend with their caretaker or grades 5-12 students to attend on their own.**

**Special pricing
and class pass
options for
students**

**Families can
attend together.
Tweens + teens
can attend classes
on their own,
once parents
create an online
account.**

All-Ages Fun Yoga Thursdays at 4:30 p.m.

This isn't a traditional yoga class. It's quirky, engaging and a place where fun and joy are taken seriously! You will be guided through yoga poses that will loosen you up, make you laugh and help you reduce stress—all while enjoying a balanced workout. Leave feeling refreshed and renewed. This class is for all levels, ages and abilities, and a **great option for K-4 students to attend with their caretaker or grades 5-12 students to attend on their own.**

Girls Empowerment Circles Second Tuesday of each month, 7 p.m.

Our girls (ages 8 to 16) can thrive when they learn how to create powerful bonds of sisterhood with one another. These circles allow girls to share honestly about their experiences, laugh with peers and explore the challenges of growing up in our modern era. Laughter, silliness and joy encouraged! Circles are a safe, judgment-free space where everyone is honored and celebrated for being exactly as they are.

LEARN MORE AND SIGN UP AT CIRCLEOFRENEWAL.COM



alpine valley Kirtland Ski Club



AGES 8-18

Starting Date: Friday, January 10, 2020
6:00pm – 10:00pm

Rent or Own
\$223.00

Already a Season Pass holder?
Season Pass holders are **FREE** to Join Ski Club
Just contact me to submit your name

WHAT YOU GET:

- Club Card is good for every Friday 6:00pm-10:00pm
- Ski or Snowboard Rental
- (5) 1 hour lessons
- (4) \$10 Value Passes good anytime any day

HOW THE SKI CLUB WORKS

- Ski Club starts Friday January 10th ends Friday February 7th
- After 5 weeks you can still continue to use your Club Card every Friday from 6pm – 10pm until end of season
- Club Cards are *non-transferrable*

VALUE PASSES

- (4) Value Passes are encoded into your Club Card
- Pay \$10 fee at time of use
- Use anytime any day at Boston Mills, Brandywine and Alpine Valley
 - Value Passes are transferrable and can be used by friends or family

DECEMBER 22nd on line registration ends

SIGN UP INSTRUCTIONS

➤ LOG IN TO:

- AlpineValleyOhio.com
 - Click "Plan&Buy" and select "Ski Club"
 - Click "ONLINE REGISTRATION"
 - LOG IN: kirtland
 - PASSWORD: wish4snow
- ADVISOR: [CAROLYN NAMCIU](mailto:Carolyn.namciu@sbdinc.com)
Carolyn.namciu@sbdinc.com
440-478-8872

Welcome back to the Art Room, Kirtland Elementary Families!



We are off to an exciting start to the year in our Art Room. We are creating three exciting collaborative art pieces that will be displayed around and in front of Kirtland Elementary School! I am looking forward to watching your children's creativity flourish in unimaginable ways this year!

We will once again be posting our art projects on **ARTSONIA**, which not only lets us share the artwork with friends and relatives far away, but also offers us a wonderful way to earn funds for our K-5 art program through customized keepsakes. I am happy to announce that with last year's funds raised, we were able to purchase needed art supplies and new aprons for our primary grade level artists!

I look forward to working with your children and am always impressed and amazed to see how they grow, change and create over the course of the school year. I hope you enjoy all the masterpieces that the 2019-2020 school year will bring!

Please be on the look out for an email from **ARTSONIA** asking your permission to post your student(s) artwork in this digital gallery format.

A message to Kindergarten Families:

A special welcome to all our new families! In Kindergarten, we keep things simple, have lots of fun, and do our best to learn the basics about colors, shapes and how we can find art all around us. Since many of you will be learning about the Artsonia gallery for the first time this year, don't hesitate to contact me with any questions or, if you need information on your child's gallery.

Contact information: carol.bradac@kirtlandschools.org and you can follow me on Twitter @MrsBradac_KES.

Artsonia's website: artsonia.com

Creatively Yours,
Mrs. Carol Bradac
K-5 Visual Arts Teacher



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WAYS TO SIGN UP

- Online at heinens.com/schools
- In-store at the Customer Service Desk
- Call our Customer Relations Department at 1-855-475-2300 ext 2337


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*Be sure
to reselect
your school
every year.*

PROGRAM	INFORMATION	LOOK FOR THE LOGO
BOX TOPS FOR EDUCATION	<p>WEBSITE: http://www.btfe.com</p> <p>HOW YOU CAN HELP: Send completed Box Tops forms or bags of Box Tops into school. Remember to include your students name so they can receive credit.</p> <p>HOW IT BENEFITS KES: Kirtland Elementary School is a part of the national Box Tops for Education program. Each Box Top is worth \$0.10. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p>	
APPLES FOR THE STUDENTS	<p>WEBSITE: http://www.gianteagle.com/Save/Supporting-Our-Schools/Apples-for-the-Students/</p> <p>KES SCHOOL ID: 2437</p> <p>HOW YOU CAN HELP: Register your card online.</p> <p>HOW IT BENEFITS KES: Earning points is simple! With every scan of your registered Giant Eagle Advantage Card at the cash register, points are automatically credited to your selected school.</p> <p>Points can go towards educational equipment, including classroom technology, recreational and playground equipment, science materials, art supplies, music enrichment items, nutrition programming and more.</p>	
HEINENS	<p>WEBSITE: heinens.com/schools</p> <p>HOW YOU CAN HELP: Register your card online. This is required annually.</p> <p>HOW IT BENEFITS KES: Kirtland will receive a check in April/May from Heinen's. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p>	
TARGET: TAKE CHARGE OF EDUCATION	<p>WEBSITE: http://www.target.com/redcard/main#!?lnk=gnav_redcard</p> <p>HOW YOU CAN HELP: Register your card online.</p> <p>HOW IT BENEFITS KES: We will receive a check in August for the previous school year. Choose Kirtland Elementary School and Target will donate 1% of your Credit or Debit REDcard purchases made at Target and Target.com. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p> <p>KES SCHOOL ID: 84455</p>	
Primary Kids Inc	<p>Www.primary.com/school/Kirtland Order Code: Kirtland</p>	
SHOPAROO	<p>WEBSITE: http://www.shoparoo.com/</p> <p>HOW YOU CAN HELP: Download the app to your phone and snap pictures of receipts. Each receipt is worth points, and points are converted to cash at the end of the year.</p> <p>HOW IT BENEFITS KES: Kirtland will receive a check in August for the previous school year. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p>	