



# DECEMBER | 2018

## *Kirtland High and Middle School Lunch Menu*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> BUFFALO CHICKEN PIZZA Available Sides: Salad Bar, Crispy Potatoes, Assorted Fruit Choice of Milk	<b>4</b> POPCORN CHICKEN BOWL WITH MASHED POTATOES AND ROLL Available Sides: Romaine Salad Cup, Broccoli with Dip, Fruit Cup Choice of Milk	<b>5</b> MEXICAN TACO SALAD WITH CHOICE OF MEAT, CHEESE, AND NACHO'S Available Sides: Salad Bar, Assorted Fruit Choice of Milk	<b>6</b> CHICKEN NUGGETS WITH ROASTED POTATO CUBES Available Sides: Salad Bar, Assorted Fruit Cups Choice of Milk COOKIE	<b>7</b>  DOMINO'S PIZZA
<b>10</b> HOT ITALIAN HOAGIE SUB Available Sides: Salad Bar, Crispy Potatoes, Choice of Fruit, and Assorted Milk	<b>11</b> TERIYAKI CHICKEN BOWL WITH RICE Available Sides: Salad Bar, Fruit Cups Choice of Milk	<b>12</b> LOADED NACHO'S WITH TOSTITOS Available Sides: Salad Bar, Assorted Fruit Choice of Milk	<b>13</b> BISCOS STICKS WITH MARINARA SAUCE Available Sides: Salad Bar, Assorted Fruit Cups Choice of Milk	<b>14</b>  DOMINO'S PIZZA
<b>17</b> CHILI CHEESE WRAP Available Sides: Salad Bar, Assorted Fresh and Cupped Fruit Choice of Milk	<b>18</b> POPCORN CHICKEN BOWL WITH MASHED POTATOES AND ROLL Available Sides: Salad Bar, Assorted Fruit Choice of Milk	<b>19</b> SUPER NACHO'S WITH MEAT, CHEESE, AND TOSTITOS Available Sides: Salad Bar, Assorted Fruit Choice of Milk	<b>20</b> CHICKEN NUGGETS WITH ROASTED POTATO CUBES Available Sides: Salad Bar, Assorted Fruit Cups Choice of Milk CHOCOLATE CHIP COOKIE	<b>21</b>  DOMINO'S PIZZA
<b>24</b>  HOLIDAY BREAK	<b>25</b>  HOLIDAY BREAK	<b>26</b>  HOLIDAY BREAK	<b>27</b>  HOLIDAY BREAK	<b>28</b>  HOLIDAY BREAK
<b>31</b>  HOLIDAY BREAK				

### SECONDARY MEAL ALTERNATES

- Crispy Chicken Sandwich
- Smucker's Uncrustable P.B. & J Sandwich Jumbo 5.5 oz
- Cheeseburger on Bun
- Various Wraps

### "NEW OPTION THIS YEAR" BISTRO BOX MEALS

Here is a complete meal with options that can include Hummus, or Turkey and Cheese, Various Raw Veggies, Fruit, Crackers, and Choice of milk

Complete salad bar available daily and choice of 2 fruits with a choice of milk come will all meals.

### BREAKFAST IS OFFERED DAILY

Kirtland has breakfast available daily for all Middle and High School students at the Kirtland High cafeteria.

A variety of breakfast grain items, fruit, juice, and milk as well as an Enhanced breakfast with fruit and yogurt smoothies is also available.

Breakfast is an important meal to kick off your instructional day. I hope you will give ours a try.

LUNCH WITH MILK \$3.50  
BREAKFAST/ \$1.90/ENHANCED  
YOGURT SMOOTHIE \$2.50  
MILK ONLY .50