

**KIRTLAND ELEMENTARY**  
9140 CHILlicoTHE RD.  
KIRTLAND, OH 44094  
(440) 256-3344  
CHAD VANARNHEM, PRINCIPAL  
LINN BOWEN, GUIDANCE COUNSELOR  
TERRY WARDER, SECRETARY

# News from the Nest



## The KES Newsletter

Our Goal is to Maximize Student Achievement

NOVEMBER 3, 2017

### Important Times

Arrival 8:25am  
School Starts 8:30am  
Tardy Bell 8:40am  
Dismissal 3:20 pm  
Preschool 8:45-11:15 am  
12:15-2:45 pm

### Lunch

Lunches will remain \$3.00  
Milk can be purchased  
separately for \$.50

### Absent

Please call our absence line  
(available 24-hours) at  
**440-256-3344 ext. 2000** by  
8:30 am to inform the  
school of your child's  
absence. Request  
homework by 10 am to  
allow time to gather  
materials for the end of the  
day pick up.

### Change with Dismissal

Please call the office  
**before 2:00pm** with any  
changes on how your  
child is going home after  
school.

### A Few Points from the Principal

- The OPEN Foundation will be putting on a presentation on Monday, November 13th in Hornet Hall. Topics addressed with children include: paying attention, organizing, initiating tasks, regulating emotions and self-monitoring. See the flyer on p. 4-5 for details.
- Check out this week of The Buzz: <http://www.kirtlandschools.org/KESAnnouncements.aspx> (click on the November 3rd video) The show is sure to put a smile on your face!
- KES is participating in Operation Gratitude. We are collecting extra candy and sending it to our troops overseas. Students can bring their candy to the office each morning until November 9th.
- The Kirtland Schools are always looking for quality substitutes. Currently, the district is looking for additional substitute teachers, pupil aides and bus drivers. If you or someone you know is interested, please go to <https://www.applitrack.com/kirtlandschools/onlineapp/default.aspx?all=1> and apply.
- Thank you to the PTA and all of the room parents for putting on awesome holiday parties on Halloween. The kids had a blast during all of the fun activities that you planned!
- Kirtland did an amazing job "Making a Difference" with its collections to help schools that were damaged by hurricanes. See p. 3 for details.
- The Spring AIR testing schedule has been set for grades 3, 4 and 5. See p. 6. for details.



Follow KES on  
**Twitter @KESHornets**  
**Facebook- Kirtland**  
**Elementary School**

### Important Dates:

Friday, November 3	-End of 1st Trimester
Sunday, November 5	-Daylight Savings Time ends
Monday, November 6	-PTA Book Fair starts
Wednesday, November 8	-Report cards scheduled to go home
Friday, November 10	-Grade 5 to Severance Hall and Cleveland Museum of Natural History
	-Preschool conferences 8:30-11:45am
Monday, November 11	-OPEN Meeting at 6:30pm in Hornet Hall
Tuesday, November 14	-PTA Meeting at 7:00pm in Hornet Hall
Thursday, November 16-	Preschool conferences 8:30-2:45pm
	-K-5 Conferences by appointment 4:00-8:00pm
Friday, November 17	-NO SCHOOL for KES students- Conferences by appointment
Monday, November 20	-K-5 Conferences by appointment 4:00-8:00pm
Wednesday, November 23	-NO SCHOOL for Thanksgiving Break
Tuesday, November 28	-Classes resume

**From the Clinic:**

We have begun routine yearly screenings for vision and hearing. We screen grades K and 1 in October, gr 3 and 5 and new students in November. If they fail the routine test we have to recheck them within a few weeks. Parents are then sent a referral if they fail again.

As always, please feel free to contact us if you have a concern. We can check them anytime.

Your school nurses,

Kim Crawford RN and Cindy DiCarlo RN x2006



# NOVEMBER

## Kirtland Elementary Lunch subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> POPCORN CHICKEN WITH HASH BROWN TRIANGLES Available Sides: Carrot and Celery Sticks, Romaine Salad Cups, Assorted Fruit Variety of Milk ELF GRAHAMS	<b>2</b> *BONUS MINI CORN DOGS WITH SOFT PRETZEL Available Sides: Baked Beans, Broccoli Cups w/Dip, Diced Fruit Cups and Variety of Milk *CHOCOLATE CHIP COOKIE	<b>3</b> DOMINO'S PIZZA Sides Available: Romaine Salad, Carrot Snack Pack, Wango Mango Juice Assorted Fruit Cups Variety of Milk
<b>6</b> HILLSBURY FRENCH TOAST STICKS WITH SAUSAGE LINKS AND TRI TATOR POTATOES Available Sides: Sliced Cucumbers, Carrot/Celery Sticks, Fresh and Assorted Fruit Variety of Milk	<b>7</b> UPER NACHO'S WITH TORTILLA CHIPS Sides Available: Romaine Salad, Black Bean Salsa, Carrot Sticks, Fresh and Fruit Cups Variety of Milk	<b>8</b> CHICKEN FINGERS WITH HASH BROWN TRIANGLES Available Sides: Carrot and Celery Sticks, Romaine Salad Cups, Assorted Fruit Variety of Milk GOLDFISH CRACKERS	<b>9</b> *BONUS MINI CORN DOGS WITH SOFT PRETZEL Available Sides: Baked Beans, Broccoli Cups w/Dip, Diced Fruit Cups and Variety of Milk *SUGAR COOKIE	<b>10</b> DOMINO'S PIZZA Sides Available: Romaine Salad, Carrot Snack Pack, Wango Mango Juice Assorted Fruit Cups Variety of Milk
<b>13</b> CHEESE FILLED BREADSTICK WITH MARINIARA SAUCE Sides Available: Romaine Salad, Carrot/Celery Sticks w/Dip, Mixed Fruit Cups Variety of Milk	<b>14</b> SPAGHETTI W/ MEAT SAUCE AND GARLIC BREADSTICK Sides Available: Romaine Salad, Carrot Sticks W Dip, Mixed Fruit Cup Variety of Milk	<b>15</b> POPCORN CHICKEN WITH HASH BROWN TRIANGLES Available Sides: Carrot and Celery Sticks, Romaine Salad Cups, Assorted Fruit Variety of Milk CHEEZE IT'S	<b>16</b> *BONUS MINI CORN DOGS WITH SOFT PRETZEL Available Sides: Baked Beans, Romaine Cups, Diced Fruit Cups and Variety of Milk *CHOCOLATE CHIP COOKIE	<b>17</b> NO SCHOOL
<b>20</b> SBURY MINI PANCAKES WITH SAUSAGE LINKS AND TRI TATOR POTATOES Available Sides: Sliced Cucumbers, Carrot/Celery Sticks, Fresh and Assorted Fruit Variety of Milk	<b>21</b> UPER NACHO'S WITH TORTILLA CHIPS Sides Available: Romaine Salad, Black Bean Salsa, Carrot Sticks, Fresh and Fruit Cups Variety of Milk	<b>22</b> NO SCHOOL	<b>23</b> THANKSGIVING	<b>24</b> NO SCHOOL
<b>27</b> NO SCHOOL	<b>28</b> CHEESE FILLED BREADSTICK WITH MARINIARA SAUCE Sides Available: Romaine Salad, Carrot/Celery Sticks w/Dip, Mixed Fruit Cups Variety of Milk	<b>29</b> CHICKEN FINGERS WITH HASH BROWN TRIANGLES Available Sides: Carrot and Celery Sticks, Romaine Salad Cups, Assorted Fruit Variety of Milk GOLDFISH CRACKERS	<b>30</b> *BONUS MINI CORN DOGS WITH SOFT PRETZEL Available Sides: Baked Beans, Broccoli Cups w/Dip, Diced Fruit Cups and Variety of Milk *SUGAR COOKIE	

**Elementary Meal Alternates**

Students may select in place of the menu entrée of the day an alternate entrée that includes all the sides of the day that are offered. The following choices are daily alternate options:

- Crispy Chicken Sandwich
- \*Smucker's Uncrustable PB & J
- Cheeseburger on a Bun
- Or
- The Yogurt Meal that includes Yogurt cup with Mozzarella String Cheese, choice of 2 packages of snack size crackers and all sides of the day and milk.

**DOMINO'S SPECIAL MEAL DAYS ARE ON NOVEMBER 3<sup>RD</sup> AND 10<sup>TH</sup> THIS MONTH. PIZZA IS THE MENU ITEM OF THE DAY!**

**A complete lunch with milk is \$3.00**

**Milk only is .50**

**A full variety of milk is offered in nonfat flavored or 1 % plain.**

Thank you to everyone who helped with and contributed towards our district wide Hurricane Relief Fundraiser!!!!

Here are our final numbers! Drumroll please.....

Rally-up financial contributions: \$281.54 (half will go towards Houston and half towards the Florida Keys)

Mr. Lasecki and the 5<sup>th</sup> Grade Make-it-Club: \$200 towards the Amazon wish-list for Frazier Elementary in Houston

Kirtland High School and Middle School: 27 Boxes and 19 bags of clothing, toiletries, games and toys were delivered to schools and families in the Florida Keys.

Kirtland Boosters and Play It Again Sports: 98 pairs of gently used tennis shoes, soccer cleats and football cleats were delivered to the Florida Keys

Barnes & Noble (Mentor): over 50 new, hard cover books for Frazier Elementary in Houston

Kirtland Public Library: over 100 hard cover, library books for Frazier Elementary in Houston

Kirtland Elementary School: 2,128 books were collected and delivered to Frazier Elementary in Houston

**Wow!** Thank you Kirtland for *Making a Difference!!*

(see pictures below)



# O.P.E.N.

(Kirtland's Organized Parent Education Network)

Presents:

# Executive Functioning

Workshop Presented by: Cheryl Chase, PH.D.

**Executive Function is responsible for these five skills:**

- **Paying Attention**
- **Organizing and Planning**
- **Initiating tasks and staying focused on the tasks**
- **Regulating Emotions**
- **Self-Monitoring or keeping track of what you are doing**

**When: Monday, November 13, 2017**

**Time: 6:30 p.m.-8:00 p.m.**

**Where: Hornet Hall in Kirtland Elementary**

**Child Care Available: Call 256-3311, ext. 1007 to sign up.**





# Executive Functioning:

**Executive Functions** are the cognitive and mental abilities that help people engage in **goal-directed action**. They **direct actions**, **control behavior**, and **motivate us to achieve our goals** and **prepare for future events**.

People with executive function disorder (EFD) struggle to **organize** and **regulate behavior** in ways that will help them **accomplish long-term goals**.



**All are welcome to attend the O.P.E.N.**

**Executive Functioning Workshop.**

**Explore and learn how children, of all ability levels, use their Executive Functioning Skills daily as well as how to improve these skills for growth, success and to reach their goals!**

**Join us on November 13 at 6:30 p.m.**

## KES Spring Testing Schedule

(All tests begin promptly at 8:45 am and will conclude around 10:30 am)

### GRADE 3

April 20th: ELA Part I, Mrs. Grandini's and Mrs. Swick's reading classes

April 23rd: ELA Part I, Mrs. Greer's class; ELA Part II, Mrs. Swick's class

April 24th: ELA Part II, Mrs. Greer's and Mrs. Grandini's reading classes

May 4th: Math Part I, Mrs. Grandini's and Mrs. Swick's math classes

May 7th: Math Part I, Mrs. Greer's class; Math Part II, Mrs. Swick's class

May 8th: Math Part II, Mrs. Greer's and Mrs. Grandini's math classes

### GRADE 4

April 12th: ELA Part I, Mrs. Molchen's and Mrs. Ribelli's reading classes

April 13th: ELA Part I, Mrs. Donovan's and Mrs. Ribelli's reading classes

April 17th: ELA Part II, Mrs. Molchen's and Mrs. Ribelli's reading classes

April 18th: ELA Part II, Mrs. Donovan's and Mrs. Ribelli's reading classes

April 30th: Math Part I, Mrs. Molchen's and Mrs. Karikas' math classes

May 1st: Math Part I, Mrs. Molchen's and Mrs. Karikas' math classes

May 2nd: Math Part II, Mrs. Molchen's and Mrs. Karikas' math classes

May 3rd: Math Part II, Mrs. Molchen's and Mrs. Karikas' math classes

### GRADE 5

April 16th: ELA Part I, ALL FIFTH GRADERS

April 19th: ELA Part II, ALL FIFTH GRADERS

April 25th: Math Part I, ALL FIFTH GRADERS

April 27th: Math Part II, ALL FIFTH GRADERS

May 1st: Science Part I, Mrs. Held's science classes

May 2nd: Science Part I, Mrs. Reilly's science classes

May 3rd: Science Part II, Mrs. Held's science classes

May 4th: Science Part II, Mrs. Reilly's science classes

# Alpine Valley

## JOIN THE KIRTLAND SKI CLUB

### When:

Ski Club starts Friday, January 5, 2018  
and meets every Friday for 5 weeks

6:00pm – 10:00pm

1 hour lessons included starting at 6:30pm



**Cost: \$223.05**

RENT or OWN

### HOW THE CLUB WORKS

*Club Cards: Members receive Club Cards from advisor*

- Starting January 5<sup>th</sup>, 2018 use as your lift/rental pass.
- After 5 weeks of ski club you continue to use your club card every Friday (independent of the ski club) as a *Full Day Friday Pass* until closed for the season.
- Can only be used by the person whose name appears on the card.

*Value Passes: Encoded on Club Cards*

- To be used up to 4 times when skiing on days other than our regularly scheduled Friday ski club time.
- Have a \$10.00 administrative fee for each use.
- Can be used anytime any day at Boston Mills, Brandywine and Alpine Valley.
- Can be used for snow tubing, ski or snowboard rental.
- Can be used by a friend or family member.

### Sign up Deadlines

November 20<sup>th</sup>

Sign up by Nov 20<sup>th</sup> and receive your club card/value pass before winter break

December 22<sup>nd</sup>

On line registration ends. Mail in registration available.

TO SIGN UP GO TO:

AlpineValleyOhio.COM

Click "Groups & Clubs" and select "Club Program"

Click "CLUB MEMBER REGISTRATION-Click Here"

LOG IN: KIRTLAND

PASSWORD: MEMBER

ADVISOR: CAROLYN NAMCIU

Carolyn.namciu@sbdinc.com

Members are responsible for their own transportation

# Kirtland Wrestling Club 2017-2018

## Grades K-6

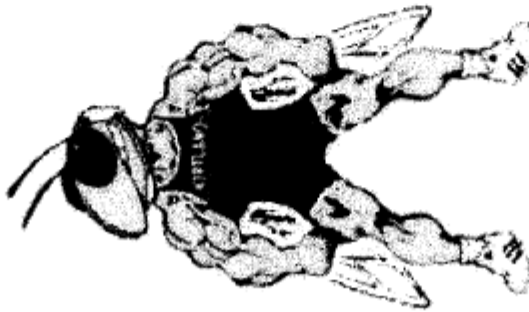
### Kirtland Coaches:

Mike Turk, Chris Caiami,

Dan Cosimi, Chad Gron,

Brad Bledsoe, Rob Mei,

Shawn Haines



### KWC MISSION:

The Kirtland Wrestling Club is a volunteer organization based in Kirtland, Ohio, powered by a strong, welcoming and continually-growing community committed to creating an engaging experience in which student-athletes will grow via the learning the sport of wrestling, the camaraderie of the team and the community, healthy competition with peers, the discipline of practice and the fun of sport.

### Dates and Times

**Sign up Date:** Oct. 25<sup>th</sup>/Nov. 1<sup>st</sup> in the wrestling room from 6-7:30pm or on the first day of practice Nov. 2<sup>nd</sup>

**First Practice:** Nov. 2<sup>nd</sup>

**Parents Meeting:** AT THE 1<sup>ST</sup> PRACTICE

**Practices:** Every Tuesday/Thursday  
**Practice Times:** 6:00PM-7:30PM

**Location:** Kirtland High School Varsity Wrestling Room (parking outside of door)



**League Matches:** Every Sunday @ Mentor Memorial Middle School either in Session 1 @ 10:30am or Session 2 @ 1pm (KWC competes in the competitive Ohio Youth Wrestling Association, with teams from Mentor, Lake Catholic, West Geauga, Chardon, Shaker Heights, Eastlake, Newbury, Willoughby, Mayfield, Garrettsville, and Hudson)

**Cost:** \$85.00 per wrestler (\$55.00 for 2<sup>nd</sup> and \$150 max per family)

### Information:

#### GEAR:

- This year, paid participants will receive a Kirtland Wrestling Club t-shirt and shorts to be worn on match day.
- Wrestlers will be provided the use of a uniform, which will be returned after the season.
- Wrestling shoes and headgear are required. No street shoes are allowed in the wrestling room.
- Additional gear for wrestlers and their family will be available to purchase on an online site.

#### WEBSITE:

- [kirtlandwrestlingteamsitesnow.com](http://kirtlandwrestlingteamsitesnow.com)
- This will be a site for parents to go on for news, announcements, pictures, forms, rosters, and calendars.

Contact person: Mike Turk  
at 216-650-7525 (cell) or  
[mturk33@hotmail.com](mailto:mturk33@hotmail.com)

2017-18 Season

Please make checks payable to:  
Kirtland Wrestling Club  
(Do not return checks to school)  
Payment is due by the first practice  
November 2<sup>nd</sup>.



# Kirtland Youth Basketball League

## Grades 3-6

### 2017-2018 KYBL PLAYER REGISTRATION & EVALUATION CLINIC

Online Player Registration is required at [Kirtlandyouthbasketball.com](http://Kirtlandyouthbasketball.com)

**Saturday October 28, 2017**

Girls- 3rd/4th (Jr Girls); 5th/6th grade (Sr. Girls): 9:00-10:30      KES GYM  
Boys-3rd/4th (Jr Boys); 5th/6th grade(Sr Boys): 10:30-12:00      KES GYM

**PARENTS:** Appropriate clothes and tennis shoes are required. All players are expected to attend during scheduled times. Please contact a KYBL Board Member if your child cannot attend.

**Cost:**      \$70.00 for 1st player  
                  \$60.00 for 2nd player  
                  Free for 3rd player

Checks payable to **KYBL** due the day of clinic.

**Questions? Please contact:**

President: Suzanne Boyd (330)472 8837  
Vice President: Tom Green (216)577-7843  
Treasurer: Mike Young (440)463-0110  
Secretary: Chris Young (440)759-9113

***Volunteers are required for this league to continue. Please contact a Board Member if you are interested in volunteering in any manner.***

**League Games: Sundays starting December 3, 2017 through Feb 4, 2018**  
**Sunday Practice: Nov 12th and 19th**  
**Times TBD**

**Weekday Practices:**  
**Jr and Sr Girls: Starting November 14th, Tuesdays 6:00-7:30**  
**Jr and Sr Boys: Starting November 15th, Wednesdays 6:00-7:30**



## WILLOUGHBY PARKS & RECREATION

Imagine your child's excitement when they get a phone call from Santa! The "Santa's Calling" program is hosted by Willoughby Parks & Recreation and Willoughby Evening Lions Club.

Calls will be made on Monday and Tuesday **DECEMBER 4 & 5.**

This FREE program is for any child between 3 years of age and second grade. By filling out the bottom portion of this letter and returning it to the Willoughby Parks & Recreation office, your child will receive a call from Santa! Calls will be made between 5:30 pm and 7:30 pm. Specific call times cannot be guaranteed. Look for "City of Willoughby" on your caller ID. Santa's call will be routed through the city phone bank.

Return to: Parks and Recreation One Public Square, Willoughby, OH. 44094  
Or scan & e-mail to: [jclark@willoughbyohio.com](mailto:jclark@willoughbyohio.com) or fax to: (440) 953-4204  
This completed form must be received by **Noon Dec 4, 2017.**

## Santa's Calling 2017!

**(Please print very clearly)** - Make sure your best contact phone number is listed)

Child's Name \_\_\_\_\_ Gender M F Age \_\_\_\_\_

Best Phone Number: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code: \_\_\_\_\_

School \_\_\_\_\_ Teachers Name \_\_\_\_\_ Grade \_\_\_\_\_

Gifts child has requested \_\_\_\_\_ Gifts child will receive \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Santa will not reveal to the child exactly what he or she will receive. He will only develop conversations and help to discourage extraordinary expectations of the child. Examples of remarks you might like Santa to make: "You have been nice to help mommy/daddy", "Try to go to bed early", "I hear you have been very good", "Keep up the good work in school", and "Be sure to keep your room clean".

1. \_\_\_\_\_

2. \_\_\_\_\_

Others you would like Santa to mention and relationship:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Pets names (dog/cat/other?) \_\_\_\_\_



Parents, please give yourself a reminder that Santa will be calling on Dec. 4 or 5.



\*\*\*\*\*  
For Operator's Use: N/A \_\_\_\_\_ Complete \_\_\_\_\_

Busy \_\_\_\_\_ # of children spoke with \_\_\_\_\_





# Snapology

— CLEVELAND —

IF YOU LIKE  
**LEGO BRICKS**  
YOU'LL LOVE THIS

## What is Snapology?

Snapology combines play with education.

We provide a fun, interactive environment for children to learn science, technology, engineering, art, math, robotics and video game design concepts using LEGO® bricks and technology.

### After-School Robotics coming to Kirtland Elementary School!

November 2<sup>nd</sup> – December 14<sup>th</sup>  
3:30pm-4:30pm

NO CLASS on 11/23

Elementary Robotics (K-2) & Intermediate Robotics (3-5)

Children will begin to explore the world of robotics with LEGO bricks as they build models that teach the fundamentals of robotic design.

Take off on an adventure featuring models with working motors and sensors!

Students work under guided instruction to build and program different models each week such as helicopters, robotic dogs, giants, and soccer players for a fun adventure.

Learning is enhanced through use of technology and easy-to-use software.

\$100 for 6-week session

To enroll, visit [Cleveland.Snapology.com](http://Cleveland.Snapology.com)

And click REGISTER FOR CLASSES



## Crisis Text Line: How to Save a Life Using the Phrase “4Hope”

In the age of smart phones, it seems that people, particularly youths, are fixated on text messaging as a means of communication. Despite having many hotlines to help young people cope with a mental health crisis, you traditionally have had to call into these services. Courtesy of Crisis Text Line, Ohioans of any age can text the phrase “4Hope” to 741741 and receive a response from a live, trained volunteer within 5 minutes (“Code Orange” – more severe texts – are handled in an average of 1.8 minutes). Volunteers can then help the texter move from a moment of crisis to a calmer place.

### How Does Crisis Text Line Work?

When a person texts “4Hope” to 741741, an algorithm immediately codes the language in the text using a triage-based system. This allows for those in more severe crisis to move to the front of the line. Once a message has been coded, it is passed, completely anonymously, to a volunteer. These volunteers have received 34 hours of training on how to help a person experiencing a mental health crisis. If a person indicates a need more severe than the volunteer is equipped to handle, it is given to the shift supervisor – a full-time, paid Crisis Text Line staff member with a higher degree in psychology, social work, or another related field. The only time a texter’s location is used is if Crisis Text Line must activate “active rescue” protocol. Active rescue allows the supervisors to contact local law enforcement to notify them that a suicide attempt is imminent. Though Crisis Text Line can implement this procedure, it is up to the local law enforcement to decide whether to dispatch officers to the location. Texters and volunteers do not learn each other’s names. Further, the phrase “Crisis Text Line” never s and there are no charges for data.

<https://docs.google.com/a/kirtlandschools.org/document/d/169RLHW71Hw2CvzXtt2ota6O>

### What Can You Do?

Spread awareness in your schools, homes, and communities. Crisis Text Line offers a battery of free materials for publicity, find the toolkit (including logos, posters, and tear-off flyers) [http://www.oacbha.org/docs/Crisis\\_Text\\_Line\\_School\\_Toolkit.pdf](http://www.oacbha.org/docs/Crisis_Text_Line_School_Toolkit.pdf). Crisis Text Line also has an informational one-pager to give to community members:

[http://www.oacbha.org/docs/Crisis\\_Text\\_Line\\_One\\_Pager\\_FINAL.pdf](http://www.oacbha.org/docs/Crisis_Text_Line_One_Pager_FINAL.pdf)

**On the Ground: Posters/Flyers** – You can put posters, stickers, and flyers in your school. You can use what you find in the toolkit (link above), or make your own! You can post flyers and posters in counseling offices, libraries, bathrooms, classrooms, student centers, and other high-traffic areas of the school. **Giveaway Items** - Add the keyword and number (Text 4HOPE to 741741) to items that you give to all of your students, such as wristbands, lanyards, planners, and even student IDs. **Distribute Information** – Inform teachers and parents about Crisis Text Line and give teachers one-pagers of information and a stack of cards with the number on it. Instruct teachers to distribute information to their students. **Events and Activities** – Put up a banner with the number on it at school events or put the number in the program at school events, sports games and tournaments, etc. **Online: Listservs & Email Newsletters** – Include information in email blasts to campus groups, clubs, parents, and students in order to provide information to these groups. **Website** - Feature Crisis Text Line prominently on your website, on a home page scroller or in a resource listing. **Emergency Protocol** – Any messaging that goes out to students in the event of emergency or crisis (campus death, assault, natural disaster, etc.) should include information about reaching out to Crisis Text Line for support. **Publications** – Publicize Crisis Text Line in student publications, blogs.

The Project AWARE Ohio team includes partners in 3 county ESCs. If you are from those local areas and want more information about Project AWARE services, please contact:

**Cuyahoga County ESC:** Mary Wise; (216) 901-4201; [mary.wise@esc-cc.org](mailto:mary.wise@esc-cc.org)

**Warren County ESC:** Vycki Haught; (513) 379-2310; [vycki.haught@warrencountyesc.com](mailto:vycki.haught@warrencountyesc.com)

**Wood County ESC:** Angela Patchen; (419) 354-9010 x228; [apatchen@wcesc.org](mailto:apatchen@wcesc.org)

For information about Project AWARE in other regions of the state, please contact:

Emily Jordan: [emily.jordan@education.ohio.gov](mailto:emily.jordan@education.ohio.gov)

Cricket Meehan: [meehandc@miamioh.edu](mailto:meehandc@miamioh.edu)

Kathy Oberlin (Ohio Mental Health Network for School Success): [oberlink2@gmail.com](mailto:oberlink2@gmail.com)

# Crisis Text Line in Ohio

## Text "4HOPE" to 741 741



September 2016

Tracy J. Plouck, Director



Department of  
Developmental Disabilities

John Martin, Director

### Supporting Ohioans in stressful times

The Ohio Department of Mental Health and Addiction Services (OhioMHAS) has entered into a contract with the national Crisis Text Line to provide Ohioans with a state-specific keyword to access its free, confidential service available 24/7 via text on mobile devices. This new resource is intended to broaden the options available through current community crisis hotlines.

Throughout Ohio, individuals can text the keyword "4hope" to 741 741 to be connected to a Crisis Counselor. This keyword was originally chosen by the Stark County Mental Health and Addiction Recovery Board and will now be available statewide through this partnership.

### Key message

Any person may need help in coping with a stressful situation. Reach out by text to communicate with someone trained to listen and respond in a method that is private, secure and confidential.

### Who can use Crisis Text Line?

Anyone should feel free to text "4hope" to 741 741 for help. It serves all ages.

**CRISIS TEXT LINE**

### Is the Crisis Text Line like counseling or therapy?

No, it is designed to get a person through an intense or emotional period of time, but it is not there to serve as counseling or therapy. It is a human response during a time of need. According to Crisis Text Line, it is "in the moment" crisis work. The highly trained volunteers are supervised by full-time paid staff who have a higher degree in social work, psychology or a related field.

### How does the text line work?



Text the keyword "4hope" to 741 741 and expect a reply from a trained Crisis Counselor within five minutes. Your message is confidential, anonymous and secure. Data usage while texting Crisis Text Line is free and the number will not appear on a phone bill with the mobile service carrier. An algorithm reviews text for severity and messages that are determined to be from someone at imminent risk are placed at the top of the queue.

### Who can help?

Anyone can share the word about this new resource as individuals or community members. School personnel, faith-based organizations, social workers, treatment providers and media outlets are especially encouraged to promote access to the text line and access the toolkit.

### How can I share the word locally?

OhioMHAS, the Ohio Department of Developmental Disabilities and the Ohio Association of County Behavioral Health Authorities are developing a toolkit of digital and print materials to enable you to share the word with your community.

PROGRAM	INFORMATION	LOOK FOR THE LOGO
<b>BOX TOPS FOR EDUCATION</b>	<p><b>WEBSITE:</b> <a href="http://www.btfe.com">http://www.btfe.com</a></p> <p><b>HOW YOU CAN HELP:</b> Send completed Box Tops forms or bags of Box Tops into school. Remember to include your students name so they can receive credit.</p> <p><b>HOW IT BENEFITS KES:</b> Kirtland Elementary School is a part of the national Box Tops for Education program. Each Box Top is worth \$0.10. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p>	
<b>APPLES FOR THE STUDENTS</b>	<p><b>WEBSITE:</b> <a href="http://www.gianteagle.com/Save/Supporting-Our-Schools/Apples-for-the-Students/">http://www.gianteagle.com/Save/Supporting-Our-Schools/Apples-for-the-Students/</a></p> <p><b>KES SCHOOL ID: 2437</b></p> <p><b>HOW YOU CAN HELP:</b> Register your card online.</p> <p><b>HOW IT BENEFITS KES:</b> Earning points is simple! With every scan of your registered Giant Eagle Advantage Card at the cash register, points are automatically credited to your selected school.</p> <p>Points can go towards educational equipment, including classroom technology, recreational and playground equipment, science materials, art supplies, music enrichment items, nutrition programming and more.</p>	
<b>HEINENS</b>	<p><b>WEBSITE:</b> <a href="http://heinens.com/schools">heinens.com/schools</a></p> <p><b>HOW YOU CAN HELP:</b> Register your card online. This is required <b>annually</b>.</p> <p><b>HOW IT BENEFITS KES:</b> Kirtland will receive a check in April/May from Heinen's. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p>	
<b>TARGET: TAKE CHARGE OF EDUCATION</b>	<p><b>WEBSITE:</b> <a href="http://www.target.com/redcard/main#!?lnk=gnav_redcard">http://www.target.com/redcard/main#!?lnk=gnav_redcard</a></p> <p><b>HOW YOU CAN HELP:</b> Register your card online.</p> <p><b>HOW IT BENEFITS KES:</b> We will receive a check in August for the previous school year. Choose Kirtland Elementary School and Target will donate 1% of your Credit or Debit REDcard purchases made at Target and Target.com. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p> <p><b>KES SCHOOL ID: 84455</b></p>	
Primary Kids Inc	Www.primary.com/school/Kirtland Order Code: Kirtland	
<b>SHOPAROO</b>	<p><b>WEBSITE:</b> <a href="http://www.shoparoo.com/">http://www.shoparoo.com/</a></p> <p><b>HOW YOU CAN HELP:</b> Download the app to your phone and snap pictures of receipts. Each receipt is worth points, and points are converted to cash at the end of the year.</p> <p><b>HOW IT BENEFITS KES:</b> Kirtland will receive a check in August for the previous school year. Money generated from this program goes towards t-shirts, assemblies, Caught Being Good, technology and other supplies.</p>	