



Free Sports Physical for Ages 14 – 18

Friday, June 17, 2 – 6 P.M.

UH Ahuja Medical Center, Beachwood

or

Saturday, June 18, 8:30 A.M. – 12:30 P.M.

UH St. John Medical Center, Westlake

The experts at UH Sports Medicine and UH Rainbow Babies & Children's are as committed to our scholastic athletes as we are to our professional athletes.

Our free sports physicals provide athletes with a comprehensive exam that includes vision, musculoskeletal and cardiac risk assessment screenings. This exam enables the athlete to participate in scholastic sports as required by the Ohio High School Athletic Association. It does not replace the annual well check-up with a pediatrician.

If further information is needed for clearance, an appointment can be scheduled on-site. If your child has had a comprehensive exam within the past 12 months, your pediatrician can sign all sports forms.

Steps for getting a free physical:

1. Sign up for a free physical by Monday, June 13, 2022. Space is limited.

[JUNE 17 SIGN UP FOR UH
AHUJA MEDICAL CENTER >](#)

or

[JUNE 18 SIGN UP FOR UH
ST. JOHN MEDICAL CENTER >](#)

2. Complete and print the **2022 – 2023 Ohio High School Athletic Association (OHSAA) Preparticipation Physical Evaluation Consent form**. You can find this through your school's website. A parent or guardian will need to sign the physical evaluation form.

3. Bring the completed form, relevant medical records and your insurance card to your appointment.

NOTE: *Please do not attend if you are experiencing cold or flu-like symptoms such as a fever, cough, congestion or runny nose; please call your doctor instead. Masks are required at all UH facilities.*

