


SEPTEMBER ELEMENTARY LUNCH MENU 2022

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER

*subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
			1 POPCORN CHICKEN MASHED POTATOES -Or- CHEESEBURGER ON BUN Golden Corn Romaine Salad Cucumber Slices Fresh Fruit Variety Milk Variety	2 ROUND CHEESE PIZZA -Or- DELI TURKEY SANDWICH Grape Tomatoes Cucumber Slices Fresh Fruit Variety Milk Variety
5  No School	6 SUPER NACHOS W/ BAKED TOSTITO'S -Or- CHEESEBURGER ON BUN Chipotle Black Beans Romaine Salad Carrot Sticks with Dip Grape Tomatoes Fresh Fruit Variety Milk Variety	7 MINI PANCAKES, SAUSAGE LINKS, AND HASH BROWN POTATO TRIANGLES -Or- ROUND CHEESE PIZZA Romaine Salad Cucumber Slices Fresh Grape Cup Fresh Fruit Variety Milk Variety	8 CHICKEN NUGGETS W/ SOFT PRETZEL -Or- SALAMI MUNCHABLE MEAL Romaine Salad Cucumber Slices Fresh Honey Dew melon Grape Tomatoes Fresh Fruit Variety Milk Variety	9 WILD MIKE'S PIZZA WEDGE -Or- CRISPY CHICKEN PATTY SANDWICH Romaine Salad Fresh Watermelon Carrot Sticks with Dip Apple Slices Fresh Fruit Variety Milk Variety
12 MINI CORN DOGS TATOR TOTS -Or- CRISPY CHICKEN PATTY SANDWICH BBQ Baked Beans Romaine Salad Carrot Sticks with Dip Fresh Fruit Variety Milk Variety	13 *MAC & CHEESE* Garden Peas -Or- CRISPY CHICKEN PATTY SANDWICH Romaine Salad Cucumber Slices Fresh Grape Cup Fresh Fruit Variety Milk Variety	14 ITALIAN CHEESY PULL APART BREAD -Or- DELI TURKEY SANDWICH Romaine Salad Cucumber Slices Carrot Sticks with Dip Apple Slices Fresh Fruit Variety Milk Variety	15 CRISPY CHICKEN PATTY SANDWICH -Or- ROUND CHEESE PIZZA Romaine Salad Celery Sticks Fresh Watermelon Fresh Fruit Variety Milk Variety	16 CHEESE FILLED BREADSTICK W/ MARINARA SAUCE -Or- DELI TURKEY SANDWICH Romaine Salad Cucumber Slices Grape Tomatoes Fresh Fruit Variety Milk Variety
19 PENNE PASTA ALFREDO -Or- MUNCHABLE MEAL w/Turkey and Cheese Romaine Salad Grape Tomatoes Fresh Fruit Variety Milk Variety	20 ALL AMERICAN CHEESEBURGER -Or- ROUND CHEESE PIZZA Romaine Salad Cucumber Slices Fresh Watermelon Fresh Fruit Variety Milk Variety	21 POPCORN CHICKEN MASHED POTATOES -Or- SALAMI MUNCHABLE MEAL Romaine Salad Carrot Sticks with Dip Fresh Honey Dew melon Apple Slices Fresh Fruit Variety Milk Variety	22 SUPER NACHOS W/ BAKED TOSTITO'S -Or- CHEESEBURGER ON BUN Romaine Salad Cucumber Slices Chipotle Black Beans Fresh Fruit Variety Milk Variety	23 KELLOGG'S" EGGOJI" WAFFLES CHICKEN TENDERS -Or- ROUND CHEESE PIZZA Romaine Salad Fresh Watermelon Fresh Grape Cup Fresh Fruit Variety Milk Variety
26 MINI CORN DOGS POTATO SMILES -Or- DELI TURKEY AND CHEESE WRAP Romaine Lettuce Cucumber Slices Apple Slices Fresh Fruit Variety Milk Variety	27 PENNE PASTA ALFREDO -Or- CRISPY CHICKEN PATTY SANDWICH Romaine Salad Fresh Watermelon Carrot Sticks with Dip Fresh Grape Cup Fresh Fruit Variety Milk Variety	28 CHICKEN NUGGETS W/ SOFT PRETZEL -Or- ROUND CHEESE PIZZA Romaine Lettuce Carrot Sticks with Dip Grape Tomatoes Fresh Watermelon Fresh Fruit Variety Milk Variety	29 MINI PANCAKES, SAUSAGE LINKS, AND HASH BROWN POTATO TRIANGLES -Or- MUNCHABLE MEAL w/Turkey and Cheese Fresh Fruit Variety Carrot Sticks with Dip Romaine Salad Milk Variety	30 WILD MIKE'S PIZZA WEDGE -Or- CRISPY CHICKEN PATTY SANDWICH Romaine Lettuce Cucumber Slices Grape Tomatoes Fresh Fruit Variety Milk Variety

Welcome Back !!
Yogurt lunch is also offered everyday as a lunch choice. A variety of fresh fruits and vegetables are offered daily. If you have any questions or concerns contact vaccaro@mentorschools.org.

AVAILABLE DAILY IN ADDITION TO THE FEATURED ENTREE OF EACH DAY

Yogurt Lunch
Yogurt Cup
String Cheese

Choice of 2 Grain Options:
2 Packages of Snack Crackers
Or
1 Muffin
Sides of the Day
And Milk

Elementary Lunch \$3.25
Elementary Breakfast \$2.00 Milk .50