

Counselor's CORNER

SEPTEMBER 2022

Mrs. Filla + Mrs. BOWEN

Counseling Monthly Focus:

During September, KES is reviewing our PBIS expectations. We will then kick off the school year with our first spirit week and our first school-wide morning meeting!

Mrs. Filla will be beginning classroom lessons by reviewing the role of a School Counselor. Then K-2nd will begin The Little Spots of Feelings and Emotions program and 3rd-5th will be exploring healthy coping strategies.

Dates:

- Start with Hello Spirit week Sept 19-22
- School-wide Morning meeting Sept 22

LINKS:

- [Start with Hello](#)
- PBIS quick fact sheet on Kes counseling webpage

Let's CONNECT!



jamie.filla@kirtlandschools.org



440-256-3344 x2011

Happy, Healthy Kids TIP:

To ease students' back to school worries, offer them a sense of control. Let them choose their school outfits, add their favorite treat to their lunch, or pick out special school supplies.

