



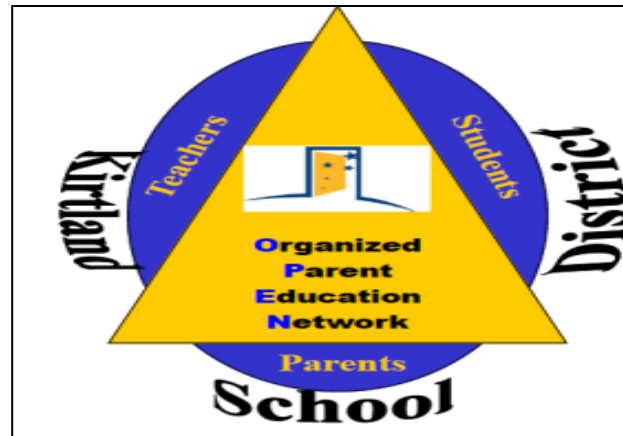
O.P.E.N.



(Organized Parent Education Network)

Presents:

**Social-Emotional
Challenges of Learning
and Attention Issues:
Learned Helplessness**

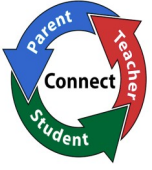


When: Monday, January 29th, 2018

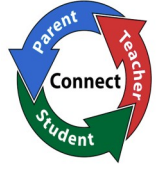
Time: 6:30 p.m.-8:00 p.m.

Where: Hornet Hall at Kirtland Elementary

All are Welcome!



Social-Emotional Challenges of Learning and Attention Issues: Learned Helplessness and a Growth Mindset



Children face many poorly understood obstacles in learning, especially children with **learning and attention challenges**. Children become **vulnerable** to developing a belief that their **success or failure** in school is controlled by external forces such as luck or chance, rather than by their own **efforts**.

These feelings or beliefs can lead to the development of a condition known as **Learned Helplessness**, a powerful psychological situation in which the child displays a passive resignation to events and circumstances around him or her, and the **child no longer puts forth effort**. In other words, **repeated struggles** with reading can lead the child to stop trying.

Once learned helplessness has developed, traditional interventions can fail to produce gains, but for reasons not often known or expected.

This presentation will explain **Learned Helplessness**, make the connections to children with **learning and attention challenges**, and offer the parents and teachers **strategies and tools** to **help their children overcome these obstacles**.



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Childcare is available, please call (440)256-3311, ext. 1007 to reserve a spot.